



Updates for Health and Wellbeing Board

Children and Young
People's Mental Health and
Wellbeing Strategy: 20222025

Impact and Next Steps

## Delivery: Completed Actions in 2022







ACTION	STATUS
Develop and launch and 24/7 platform for children and young people to access peer support and mental health and wellbeing resources.	Complete (October 2022)
Develop, launch, and embed a consistent communications approach and standard across the partnership, including for external providers, with a specific focus on the Early Help support available to families.	Complete (November 2022)
Establish the role of the Educational Psychology (EP) service in training staff as mental health first aiders.	Complete (September 2022)
Launch an enquiry- including focus groups in each phase of education- to gain a clear understanding of the specific disadvantages related to the provision of mental health services being faced by schools, communities, and localities across Doncaster.	Complete (October 2022)
Ensure that mental health is a standard agenda item at SENCo networks and that all mental health leads are invited.	Complete (November 2022)
Conduct audits of the first 20 schools. Compile a report on the identified strengths and weaknesses and commission bespoke support and professional development for each school.	Complete (November 2022)
Consult with schools to identify their shared top-5 priorities for a staff mental health and wellbeing support offer.	Complete (May 2022)
Research and commission a digital solution for assessing neurodevelopmental disorders.	Complete (June 2022)
Work with digital providers to ensure seamless transfer between clinical pathways and digital providers.	Complete (December 2022)
Work alongside the SEND team to ensure that schools and SENCos are clear on the graduated approach and the threshold for a referral into diagnostic pathways.	Complete (November 2022)
Review the current GDA process, ensuring that changes are made as per Community Paediatric discussions.	Complete (December 2022)
Expand established MHST (Mental Health Support Teams) into more primary and secondary provisions across Doncaster.	Complete (October 2022)
	LA LIER ILLETTATION TO THE

## Delivery: Implementation Summary for 2022







- 12 actions completed between May and December 2022.
- 8 actions in progress or near to completion as of December 2022.
- Successful completion of actions across health, early help and education.
- Use of a small implementation group to drive the strategy forward has been key to our successes.
- Review has highlighted that there is a requirement for stronger ownership and lines of reporting between individuals responsible for delivery and priority leads. When setting up the new implementation group we will better consider the most appropriate priority leads.
- Future action planning will better consider the remit of the strategy to avoid duplication with other strategies or out of remit actions.
- Learning from this round of implementation will also help us to better consider appropriate timeframes for actions and better plan for disruptions.
- We also intend to have a much stronger link between our priorities, actions and performance metrics to better monitor and demonstrate impact.









## Impact: 2022 Performance Data

- 91.5% of Kooth users would recommend the service as of October 2022
- Referrals for urgent and emergency appointments for CAMHS remain stable.
- Since May 2022 referrals for non-urgent CAMHS appointments have started to reduce from a high of 78 to 36 in November.
- The percentage of children seen within the 8-week targeted time frame has risen to 89%.
- The percentage of children seen within the targeted timeframes for urgent and emergency referrals remain at 100%.
- The longest waits for General Developmental Assessments has reduced from an August 2022 high of 86 weeks to 75 weeks in November 2022.

## Delivery Aims and Principles: 2023-2025









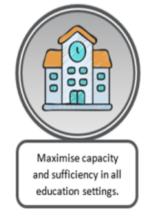


Prevention and early intervention at every opportunity.



Resources and expertise in the right place at the right time.





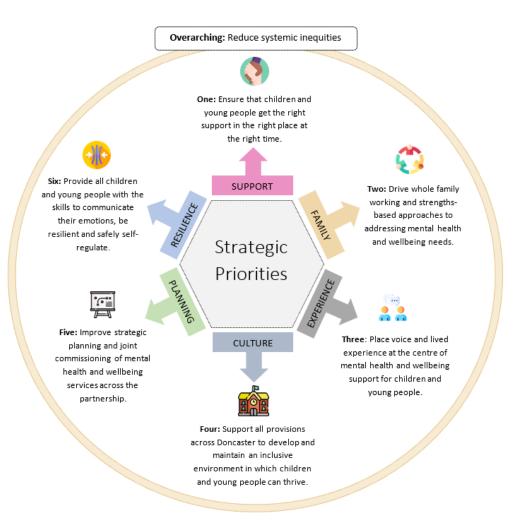
- These principles sit across the mental health, early help and SEND workstreams and are focused on ensuring a consistent message across these three interlinked strategies.
- They act as the underpinning priorities for our delivery aim which is to ensure children, young people and families get the right support at the right time to prevent them from needing statutory services (Tier 4).
- Our messaging is also focused on reinforcing the concept that early help is not a specific service but a way of thinking and working.

## Proposed Strategic Priorities: 2023-2025









- Our refreshed strategic priorities have been formed from the results of extensive consultation via Doncaster Talks, feedback from Young Advisors and professionals and analysis of current and emergent data trends from key groups such as SEMH proactive monitoring and support.
- We are also focused on addressing systemic inequities and our plan is to consider this aim within the context of each of the six priorities.
- We are currently reviewing these and intend to sign them off at the next mental health strategic group.

# Strategic Priorities: Links to the 9 WELLBEING Ambitions







WELLBEING AMBITION	PRIORITIES LINK
Wellbeing Hubs: Creating local hubs for young people, giving them somewhere to go, something to do and somebody to talk to.	Priority One
Emotions: Young people are aware of their emotions and how to express them in a healthy way.	Priority Six
Learning: Educating young people, parents and carers, school staff, and professionals around supporting young people with their wellbeing.	Priority One
Listened To: Ensuring that young people have a say in decisions that are made around their mental health and wellbeing.	Priority Three
Be Kind to Yourself: Promote the importance of self-care in wellbeing.	Priority Six
Empower: Allow young people to have their voices heard and to be involved in the strategic decision-making process.	Priority Five
Information: Raise awareness of the services that are available and invest in a young person dedicated digital platform led by young people where all information is connected.	Priority One
Needs: Meet the basic human needs of all children and young people in Doncaster to ensure that they feel happy, healthy, safe, and supported.	Priority Four
Growth: Ensure that all children and young people have the support they need to grow and achieve their full potential.	Priority Two

# SEND Strategy: 2022-2025

Context, Development and Implementation



#### Context: Current Context in Doncaster







- Steep rises in SEND identification:
  - Overall: +18% since 2017.
  - Statutory assessment requests: +84% since 2017.
  - EHCPs: 2019- 1898, 2022- 2414 and increasing rapidly.
  - Out of authority placements: 2019- 70, 2022- 177 now at a cost of £15m.
- EHCP 'timeliness' has dropped significantly.
- High needs overspend to be £18m by 2023 and is projected to reach £60m by 2026.
- Spending on ASD and SEMH needs in mainstream and out of authority schools is increasing more than in other areas.
- Recent shift in proportion of young people moving out of mainstream via EHCP process, particularly at transition points.
- Out of authority placements are significantly higher than most statistical comparators, especially for SEMH.

## Feedback: Children, Young People and Families







## What could be done to improve how quickly a child or young person is diagnosed or has their needs identified and met?

Regular meetings, more support and easily available advice.

More training within schools so that signs are noticed earlier.

Additional funding for more staff to help shorten waiting lists and timescales for diagnosis.

#### If you aren't happy with the support your child receives, how can support be improved?

More clear information on what support families are entitled to and what is available.

Better support from CAMHS.

Better communication from school around what they are doing to support my child's needs.

## What can be done to make sure SEND children and young people access good quality training and employment when they leave school?

Teach more independence skills.

More support and employability schemes.

Gain support from local employers by holding an open event or providing incentives for providing SEND children with work experience or training.

## Development: Key Issues to Address







- Timeliness of response
  - There is currently no established tradition of early intervention approaches for SEND. Too often expertise and funding comes too late and dependence on the EHCP route is not sustainable.
- Local Authority Role
  - The LA role as a system leader is underdeveloped and leading to inconsistencies in practice, expertise, modelling, and commissioning.
- High Turnover of SENCos
  - The lack of central support for the role and ensuring it has the correct status, time, guidance.
- Inconsistencies in Mainstream Provision
  - This is particularly apparent around the management of mental health, behaviour, and SEND support strategies.
- Lack of Sufficiency Planning
- Wider Workforce Knowledge and Expertise
- Experience for Parents, Carers and CYP is not always positive.

## Delivery Aims and Principles: 2023-2025









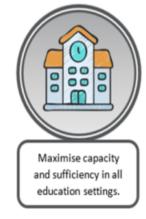


Prevention and early intervention at every opportunity.



Resources and expertise in the right place at the right time.





- These principles sit across the mental health, early help and SEND workstreams and are focused on ensuring a consistent message across these three interlinked strategies.
- They act as the underpinning priorities for our delivery aim which is to ensure children, young people and families get the right support at the right time to prevent them from needing statutory services (Tier 4).
- Our messaging is also focused on reinforcing the concept that early help is not a specific service but a way of thinking and working.



#### **Priorities: SEND Strategic Priorities**











6: To improve the use of information across the partnership to better inform strategic planning and joint commissioning.



5: To deliver positive, well planned transitions for young people with SEND to ensure that they are prepared for adulthood.



4: To ensure that all Doncaster school provision effectively meets the needs of students who have SEND.





 To implement a highquality, partnershipwide response to children and young people's mental health needs.



3: To ensure that neurodevelopmental pathway support meets the needs of all in a consistently timely manner.

- The SEND strategy outlines six strategic priorities.
- These are designed to address the most pressing areas of need in Doncaster and to complement our shared delivery principles.
- They also link with action priorities identified in other partnership strategies.

# Strategic Priorities: Links to the 9 WELLBEING Ambitions







WELLBEING AMBITION	PRIORITIES LINK
Wellbeing Hubs: Creating local hubs for young people, giving them somewhere to go, something to do and somebody to talk to.	Priority Two
Emotions: Young people are aware of their emotions and how to express them in a healthy way.	Priority Two
Learning: Educating young people, parents and carers, school staff, and professionals around supporting young people with their wellbeing.	Priority Four
Listened To: Ensuring that young people have a say in decisions that are made around their mental health and wellbeing.	Priority Five
Be Kind to Yourself: Promote the importance of self-care in wellbeing.	Priority Two
Empower: Allow young people to have their voices heard and to be involved in the strategic decision-making process.	Priority Six
Information: Raise awareness of the services that are available and invest in a young person dedicated digital platform led by young people where all information is connected.	Priority Three
Needs: Meet the basic human needs of all children and young people in Doncaster to ensure that they feel happy, healthy, safe, and supported.	Priority One
Growth: Ensure that all children and young people have the support they need to grow and achieve their full potential.	Priority One

## **Priorities: Key Action Areas**







- Develop a long-term sufficiency plan to address the lack of in-borough provision for young people with SEMH needs and outline the future of our specialist provision. This includes developing the range of mainstream Post-16 provision.
- Improve the EHCP process by addressing timeliness, the quality of contributions and developing stronger case work.
- Develop a strong culture of early intervention and adherence to the graduated approach so that needs can be met by specialist support teams at an earlier stage without an EHCP.
- Do more to involve children, young people, parents and carers in co-production so that their voices form a key part of our future work.
- Improve preparation for adulthood and transition planning.
- Improve the effectiveness of the GDA pathway.
- Revise the school funding model so that funds can be distributed at the earliest point based on need, in a locality setting and with strong moderation from the Local Authority and peers.
- Develop a revised CPD offer, handbook, and charter for SENCOs.

Develop a revised wider workforce SEND CPD offer.